



## KPS CANTEEN MENU

Prices include GST

### SANDWICHES & WRAPS

#### Sandwiches

Wholemeal, White or \*Gluten Free Bread

#### Wraps

Mission Tortilla Wrap

<b>Vegemite, Strawberry Jam, Honey</b>	<b>\$2.75</b>
<b>Salad:</b> Lettuce, Tomato, Cucumber, Carrot & Beetroot	<b>\$3.85</b>
<b>Cheese</b>	<b>\$3.85</b>
<b>Ham</b>	<b>\$3.85</b>
<b>Chicken</b>	<b>\$3.85</b>
<b>Tuna</b>	<b>\$3.85</b>

#### Extras:

Cheese	\$0.50
Lettuce, Tomato, Cucumber, Carrot, Beetroot (ea)	\$0.25

<b>Toasted</b>	<b>\$0.20</b>
<b>*Gluten Free Bread</b>	<b>\$1.00</b>
<b>Sauce</b> - Tomato, BBQ, Tzatziki, Hummus, Mayonnaise	<b>\$0.25</b>

## PICK-A-PLATE

### Bento Box Style - \$6.60

select your options from the Pick groups below

#### Pick group 1

(choose 1)

Chicken Breast, Ham, Tuna, Cheese Slices

#### Pick group 2

(choose 1)

Spicy Bread, Rice Crackers  
Buttered Bread Triangles, Plain Popcorn

#### Pick group 3

(choose 2)

Tomato Wedges, Carrot Sticks, Cucumber Slices,  
Beetroot Slices, Capsicum Sticks

#### Pick group 4

(choose 2)

Apple, Orange, Yogurt, Nut Free Trail Mix



Pick a Plate

## PITA PIZZA

Made with house made Napolitano Sauce

<b>Cheese</b>	<b>\$4.50</b>
<b>Chicken &amp; Cheese</b>	<b>\$5.00</b>
<b>Ham &amp; Cheese</b>	<b>\$5.00</b>
<b>Ham, Cheese &amp; Pineapple</b>	<b>\$5.50</b>
<b>Chicken, Cheese &amp; Pineapple</b>	<b>\$5.50</b>
<b>Vegetarian</b> - Mushrooms, Capsicum, Pineapple, & Spinach	<b>\$5.00</b>

## DAILY SPECIALS

### MONDAY

- NACHOS -

**\$5.50**

### TUESDAY

- BUTTER CHICKEN -

**\$5.50**

Add Naan: \$1.00 extra

### WEDNESDAY

- BEEF BUN -

**\$5.00**

## SALADS

<b>Chicken Caesar</b>	<b>\$5.50</b>
<b>Garden</b>	<b>\$4.50</b>
<b>Garden with Ham</b>	<b>\$5.50</b>

## HOT FOOD

<b>Macaroni &amp; Cheese</b> - House made Macaroni & Cheese with Hidden Vegetables	<b>\$4.50</b>
<b>Pasta</b>	
- Bolognese & Cheese - GF available	<b>\$5.50</b>
- Vegetable Sauce & Cheese	<b>\$4.50</b>
<b>Fried Rice</b> - Rice, Carrot, Peas, Corn, Capsicum, Shallots, Reduced Salt Soy Sauce	<b>\$4.50</b>
- Add Ham	<b>\$5.50</b>
<b>Crumbed Chicken Burger:</b> Lettuce, Tomato & Sauce	<b>\$5.50</b>
<b>Cheese Burger:</b> Lean Beef Patty, Lettuce, Tomato & Sauce	<b>\$5.50</b>
<b>Lentil Burger</b> - Lentil Patty, Lettuce, Tomato & Tzatziki	<b>\$5.50</b>
<b>Sausage Roll</b> - House made Beef Mince, Carrots & Onion in Puff Pastry	<b>\$3.50</b>
<b>Crumbed Chicken Breast Dippers (120g serve)</b>	<b>\$2.75</b>
<b>Noodles (Chicken)</b>	<b>\$2.75</b>

## OVER THE COUNTER LUNCH & RECESS

(Subject to availability)

## SNACKS

<b>Garden Cups</b> - Veg sticks and dip	<b>\$1.10</b>
<b>Spicy Bread</b> - Toasted bread with a Moroccan spice	<b>\$0.10</b>
<b>Housemade Popcorn</b>	<b>\$0.20</b>
<b>Assorted Fresh Seasonal Fruit</b>	<b>\$1.00</b>
<b>Jelly Cup</b> - Made with 99% Fruit Juice	<b>\$0.50</b>
<b>Housemade Muffins</b>	<b>\$0.70</b>
<b>Housemade ANZAC Biscuits</b>	<b>\$0.50</b>
<b>Yoghurt Tub</b> - Vanilla & Strawberry	<b>\$1.00</b>
<b>Red Rock Deli Chips</b> - Sea Salt	<b>\$1.65</b>
<b>Grainwaves</b> - Sour Cream	<b>\$1.65</b>
<b>Bliss Balls</b> - Assorted	<b>\$0.20</b>

## FROZEN TREATS

<b>Frozen Fruit</b> - Oranges, Berries	<b>\$0.50</b>
<b>Quelch Fruit Ice Sticks</b> - Assorted	<b>\$0.50</b>
<b>Ice Mony</b> - Chocolate, Lemon, Blue Raspberry TNT, Red Raspberry TNT, Watermelon TNT	<b>\$1.00</b>
<b>Twisted Frozen Yogurt</b> - Choc/Vanilla, Mango/Watermelon	<b>\$2.50</b>
<b>Ice Cream Cup</b>	<b>\$1.00</b>

## DRINKS

<b>Juice Bombs</b> - Cola, Watermelon, Grape, Lemonade, Raspberry, Orange-Passionfruit, Lime, Blackcurrant	<b>\$2.50</b>
<b>Flavoured Milk</b> - Chocolate, Strawberry	<b>\$2.50</b>
<b>Berri Pop Top</b> - Apple & Blackcurrant, Apple, Orange	<b>\$2.50</b>
<b>Water 600ml</b>	<b>\$2.00</b>
<b>Plain Fresh Milk</b>	<b>\$2.00</b>
<b>Plain Fresh Milk with Sipahh Straw</b> - Chocolate, Strawberry	<b>\$2.50</b>
<b>Slushies 99% Fruit Juice</b>	<b>\$1.50</b>



**Cheese Burger**